

Sponsored by:



RUN Barnstaple 10k route



Registration and bag drop

Park Community School, Barnstaple EX31 9AX

Start/finish

Rock Park Ladies' Mile EX32 9AQ, w3w start: buck.risk.horses

123

Registration



Toilets



Bag drop



10k route (2 stops)



Water section



Kilometer marker

Registered Charity No. 1003314

